

Wednesday, February 1

Veal Piccatta

Or

Honey Mustard Chicken

Scalloped Potatoes

Honey Glazed Carrots

Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Thursday, February 2

Mediterranean Chicken

Or

Herb Roasted Pork Loin

Macaroni And Cheese

Italian Green Beans W/ Peppers And Onions

Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Friday, February 3

Parmesan Encrusted Tilapia

Or

Sweet And Sour Chicken

Sweet Potatoes

Broccoli, Cauliflower, Carrots Medley

Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Monday, February 6

Old-Fashioned Pot Roast W/ Country Gravy

Or

Lemon Herb Tilapia

Paprika Scented Rice

Green Beans W/ Peppers And Onions

Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Tuesday, February 7

BBQ Pork

Or
Turkey Tetrazzini
French Fried Roasted Yukon Gold Potatoes
Garden Peas
Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Wednesday, February 8

Corned Beef
Stewed Okra And Tomatoes
Braised Cabbage W/ Carrots
Or
Pedro's Smothered Chicken
Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Thursday, February 9

Chicken Pot Pie
Or
Classic Meatloaf
Parsley Boiled Potatoes
Cape Cod Blend Vegetables
Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Friday, February 10

Pecan Tilapia
Or
Baked Chicken With Sweet Chili Glaze
Herb Scented Rice Pilaf
Prince Edward Island Vegetables
Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Monday, February 13

Chop-Steak W/ Carmalized Onion
Or
Lemon Herb Tilapia
Black Beans And Rice

Stewed Okra And Tomatoes
Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Tuesday, February 14

Oven Fried Chicken
Or
Parmesan Encrusted Tilapia
Oven Roasted Seasoned Potatoes
Broccoli
Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Wednesday, February 15

Chicken Parmesan
Or
BBQ Pork Loin
Macaroni And Cheese
Zucchini And Tomatoes
Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Thursday, February 16

Meatloaf W/ Gravy
Or
Southern Style Basa Filet (Catfish)
Rice Pilaf
Green Beans And Peppers
Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Friday, February 17

Bourbon Salmon
Or
Sweet And Sour Chicken
Rice Pilaf
Pacific Blend Vegetables
Lunch Selections Include Soup Du Jour, Salads,

Fresh Fruit, And A Selection Of Desserts.

Monday, February 20
CLOSED FOR PRESIDENTS DAY

Tuesday, February 21
Chop-Steak W/ Carmelized Onion Gravy
Or
Turkey Tetrazzini
Au Gratin Potatoes
Mixed Vegetables W/ Peppers
Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Wednesday, February 22
Country Fried Steak W/ Country Gravy
Or
Pedro's Smothered Chicken
Spanish Rice
Garden Peas
Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Thursday, February 23
Mediterranean Chicken
Or
Parmesan Encrusted Tilapia
Paprika Scented Rice
Pacific Blend Vegetables
Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Friday, February 24
New England Style Crabcakes
Or
BBQ Pork
Sweet Potatoes

Green Beans W/ Peppers And Onions
Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Monday, February 27

Sausage And Chicken Jambalaya

Or

Pecan Tilapia

Rice Pilaf

Broccoli, Carrot, Cauliflower Medley

Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Tuesday, February 28

Chop-Steak W/ Caramelized Onion Gravy

Or

BBQ Chicken

Collard Greens

Stewed Okra And Tomatoes

Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.

Wednesday, February 29

Lemon Herb Tilapia

Or

Chicken Cacciatore

Herb Scented Rice Pilaf

Pacific Blend Vegetables

Lunch Selections Include Soup Du Jour, Salads,
Fresh Fruit, And A Selection Of Desserts.